



**Celebrating 20 years  
of excellence in**

**service!**

### **Our Vision**

BU Wellness Network aims to be the leader in public and sexual health programs, and wellness initiatives for diverse communities in the Midwest.

### **Office Hours:**

**Monday - Thursday**

**10am - 6pm**

**Friday**

**10am - 2pm**

(After office hours and weekend appointments available by request.)



**Wellness  
Network**

**3737 N. Meridian St. Ste 401  
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317.931.0292 (Office)  
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**@BUIndianapolis**





## Our Mission

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The mission of BU Wellness Network is to enhance the health and wellness of our community which includes gender, sexual, and racial minorities, and the people who live and work in our neighborhoods.



## What's the state of

## Black health?

The state of  
Black health is  
Wellness!

Living your best life starts with taking control of your health. Your physical, mental, and sexual health are important to your wellness, and BU is here to support your needs.



## Prevention and Care Services

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### PREVENTION

- HIV/STI Screening and Treatment
- D-Upi: Defend Yourself
- PrEP Navigation and Access

### CARE

- Linkage to Care
- Care Coordination
- CLEAR-Choosing Life: Empowerment, Action, Results
- Mental Health Counseling

### SUPPORT AND

### ADVOCACY

- Sophisticated Divas- Transgender and Non-binary Support Groups
- Sisters United
- Phoenix- HIV+ Support Group
- BU-FIT- (BU-Facing It Together)- Yoga, Exercise, Nutrition, Group Discussion, Outreach and Community Planning
- IMAGE LGBTQ+ Youth and Young Adults